

A close-up, artistic photograph of a woman's face, focusing on her eyes and eyebrows. She is holding a black eyebrow mascara wand to her right eyebrow. The lighting is soft and focused, creating a high-end, intimate feel. The background is dark, making the subject stand out.

After Care

INSTRUCTIONS

morelove
PATIENCE

The Physical Healing Process



INDIVIDUAL RESULTS AND
HEALING TIMELINES MAY VARY

The Emotional Journey

WE UNDERSTAND IT'S AN EMOTIONAL ROLLERCOASTER,
BUT IT GETS BETTER ONCE HEALED.

DAY 1



I HAVE NEW BROWS! I
THINK I LIKE THEM
BUT I MIGHT BE A
LITTLE BROW
SHOCKED

DAY 2-4



OH NO! I HATE IT!
THEY'RE TOO DARK
AND TOO THICK!!

DAY 5-10



WAIT, WHERE ARE
THEY GOING?
THEY'RE STARTING TO
FLAKE AND SCAB. IT
LOOKS UNEVEN.

DAY 8-10



OKAY, THEY'VE
DISAPPEARED AND
THEY'RE
COMPLETELY GONE.
I DON'T THINK IT
WORKS ON ME!

DAY 14-21



THEY'RE COMING
BACK! THEY'RE MUCH
BETTER AND LOOK SO
NATURAL. THEY'VE
LIGHTENED A LOT I
THINK I WANT THEM
DARKER...

TOUCH UP



I LOVE MY NEW
BROWS! ALL THE
GAPS ARE FILLED
AND THEY LOOK
BEAUTIFUL!

WHAT TO EXPECT

- THE FIRST SESSION IS NOT THE FINAL RESULT. Expect *changes* during the healing process; *it's normal*.
- You may experience "**brow shock**" when you see your freshly done brows for the first time, you may not be accustomed to the new shape and colour, but this reaction is normal and temporary.
- Initially, brows may appear darker and thicker as the skin heals. The darkness you see is your blood separating from the pigment and your skin swelling.
- The initial colour is not the final result; **brows will fade and shrink by 40-50%**.
- Wait for 4 weeks until your brows have fully healed before contacting your artist or leaving a review.
- Redness and swelling are normal; they will subside in a few days.
- Do not pick/scratch scabs; **they can remove pigment and create patchy areas**.
- Your artist can tell if you have picked at your brows or if the scabs have naturally fallen off. Ensuring honesty regarding scab picking is crucial to prevent potential scarring of your skin.
- Remember that the microblading procedure involves creating small incisions, essentially creating an open wound on your skin. Therefore, the healing process is similar to that of any other wound on your body and can vary based on your individual skin healing and immune system response.

FADING

- After approximately a week, your brow colour will start to fade and appear softer once fully healed.
- During **days 5-8** of the healing process, you may experience scabbing, itching, and shedding of pigment. This is a normal part of the healing process, similar to any regular wound on your body.
- Around **days 9-10**, your brows may enter the "**ghosting stage**," where they may appear almost completely invisible. This is temporary and occurs as new skin regenerates over the brows.
- Initially, they may appear very light, but the pigment will gradually return between days 11-28 as the brows continue to heal.
- It is important not to schedule a top-up or touch-up during the healing stages or before 6 weeks, as this could risk traumatizing and damaging the skin.
- After **28 days**, the skin will regenerate, and faded pigment will begin to re-emerge. The true healed results are typically visible at least 4 weeks after the initial appointment, once the skin is fully healed.
- If you sleep on your side, the tails of your brows may lighten first, and one side of the brow may fade more than the other depending on your sleeping position. It is advisable to try sleeping on your back to promote more even healing.

TOUCH UP

- **The 6-8 week touch-up appointment is essential to finalize your brows, as they are not considered complete without this session and will not last you the full year. We cannot touch up your brows before 6 weeks.**
- The touch-up session is the last step to perfect your brows, where the artist enhances shape, corrects unevenness, matches the colour, and evaluates how the pigment settles on your unique skin. They will reinforce strokes, adjust pigment, and darken the colour to counter the lightening and shrinking that occurs during healing.
- The healing outcome depends on your after-care and immune system; we cannot predict how your skin will heal.
- Without the touch-up session, some people's brows may not last longer than 2 months.
- Although it may not be the most exciting process, all the mentioned stages are normal and worthwhile to have amazing brows for a full year.
- If you follow the after-care instructions, have normal/dry skin, heal quickly, and are satisfied with lighter-healed brows, you may not need a touch-up session.
- Individuals with mature, oily, combination, sun-damaged, or acne-prone skin may have a higher chance of pigment rejection.

Signs of Infections

It is usual for your brows to sting a little when you wash them and to be slightly red and swollen after the appointment.

Signs of infection might include, but are not limited to:

- Redness/Swelling/Tenderness
- Red streaks going from your eyebrows toward the heart
- Elevated body temperature, or a puss-like discharge on the brows (usually white, or yellow)
- In the case of an infection, seek medical attention immediately

NORMAL HEALING ISSUES

INDIVIDUAL HEALING EXPERIENCES CAN VARY AS EACH PERSON'S SKIN HEALS UNIQUELY, RESULTING IN DIFFERENT OUTCOMES AND TIMELINES.

IT IS POSSIBLE TO EXPERIENCE SOME OR NONE OF THE MENTIONED EFFECTS.

- **Colour appearing too red/warm:** Warmth from the skin/pigment subsides during the 6-week healing period.
- **Colour appearing too dark:** Minimal scabbing in the first week can cause temporary darkening, which will shed and lighten.
- **Colour appearing too light:** After shedding, the colour may initially appear lighter but will darken over the following weeks, closer to the original pigment.
- **Shape appearing uneven or too thick/thin:** Swelling initially after the service may cause an uneven appearance, but as the skin tightens during healing, the brows may shrink in width.
- **Skin shedding/peeling over microblading, leading to patchiness:** This is very temporary, and as the skin continues to heal, the colour will even out and return over time.
- Certain medications can impact the results and healing process. Please inform your artist about any medications you are taking.

HOW TO RETAIN YOUR NEW BROWS:

- Don't panic! It's normal and part of the natural healing process.
- The final result will be visible after 6 weeks, following the second session.
- Adhere to all aftercare guidelines and enjoy your beautiful new brows.
- I cannot touch your brows until they are fully healed for 6 weeks.

AFTER CARE

eyebrows

DAY 1-14:

1. Keep the treated area clean and dry for the first 24 hours and dab off the excess blood, fluids or oils that may come out of the brows
2. Gently clean the eyebrows using the wound wipes twice a day (you can use normal cotton pads and water too as long as it is sterile)
3. Pat the eyebrows dry with a clean tissue or paper towel after cleansing.
4. Avoid touching, scratching, or picking at the area.
5. Apply a thin layer of aftercare ointment as instructed or if needed for your skin type.
6. Refrain from applying makeup, moisturizer, lotion, or sunscreen to the eyebrows whilst they are in their healing stages to avoid infection.
7. Once the brows start to scab, avoid touching or cleaning them. Let the scabs naturally heal and flake off on their own.
8. Sleep on your back during the healing process to avoid rubbing off scabs.

THINGS TO AVOID:

- Do not touch the area, except for washing or applying aftercare ointment. To prevent infection, treat the area as you would a wound.
- Avoid scratching, picking, or peeling the microbladed area to prevent scarring or colour loss.
- Do not apply makeup, moisturizer, lotion, or sunscreen to your eyebrows until it's finished healing.
- Stay away from sun exposure, tanning beds, and salon tanning.
- Avoid laser or chemical peels and any form of exfoliation.
- Refrain from vigorous exercise or activities that induce perspiration.
- Avoid long, hot baths, showers, jacuzzis, saunas, and swimming.
- Skincare products containing retinol, AHA/BHA, Vitamin C, or lightening ingredients can impede pigment retention.
- Avoid tasks that expose you to airborne debris, such as heavy household cleaning.
- Limit excessive alcohol consumption, as it can slow down the healing process.
- Avoid transportation in open-air vehicles with strong wind, such as driving with windows down, convertibles, motorcycles, bicycles, or boats.

LIP BLUSH

Healing Stages



Day 1

Immediately after treatment, lips will be a bright vibrant colour, You may have swelling and lips may feel tight or dry.



Day 5-7

Major peeling may be finished. Second layer may begin to peel. New natural colour begins to appear.



Day 2

The colour will begin to fade as swelling goes down. Your lips will be very dry.



Day 7-10

Peeling is subsiding, new natural colour has appeared. Lips are still very dry.



Day 3-4

More major scabs will start forming, lifting and peeling.



From 2-6 weeks

Dryness has subsided. A beautiful, more natural colour has appeared.



AFTER CARE

lip blush

DAY 1-10:

- Do not pick the scabs and avoid touching lips for 7 days (until lips are fully healed)
- Using a Q-tip apply a very thin (half pea size) layer of ointment 3 times a day (always keep lips moisturised and never dry). However, do not apply too much cream (cream should not be visible when applied)
- You must avoid a large amount of water directly on the lips. Drink with a straw. When cleaning your teeth, apply a thin layer of Vaseline on the lips and remove straight after.
- Do not splash-wash your face
- From day 2, cleanse by dabbing your lips with a damp cotton pad (use COLD boiled water) TWICE a day for 7 days. However, remember you cannot wash or wet them: only gentle DABBING is required
- Avoid spicy food and smoking
- Keep lips clean, keep hair away from lips, do not pick or peel scabs, lips have to heal, and peel off naturally
- Some amount of itching is normal and is part of the healing process
- Avoid kissing for 3 days after your treatment
- FOR THE NEXT 3 WEEKS avoid swimming pools, sauna, and sun-beds

HERE'S A LITTLE THANK YOU

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